A 16-year-old young girl with convulsion and behaviour abnormality

PRESENTED BY
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Particulars of the patient

- Name: Shantona Aktar
- Age: 16 years
- Sex: Female
- Marital Status: Unmarried
- Occupation:Madrasa Student
- Religion: Islam
- Address: Comilla
- Date of admission: 01/10/2017

Case Summery

- Shantona Aktar ,16 year-old-young girl, Muslim ,student , hailing from comilla, referred to DMCH on 01-10-17 with-
- 1. Repeated fall and convulsion for last 18 months.
- 2. Behaviour abnormality for 1 year.
- 3. Mutism for 6 months.

 According to the statement of the patient's mother she was enjoying good health until about 18 months back when she suffered a sudden fall while walking, followed by convulsion, which was **generalized** in nature. At that time it was not associated with any loss of consciousness, tongue bite, urinary incontinence or post ictal confusion. She visited a local physician and received some medication (Couldn't mention the name) and her next 6 months were uneventful.

• Then after 6 months, she again experienced another episode of convulsion associated with tongue bite and post ictal confusion. This time EEG was performed, epileptiform discharge was present in **both hemisphere** and some medications were prescribed by a local physician. After this event, her family members noticed some behavioural abnormality manifested by unusual quietness, decreased interaction with others, occasional emotional lability evidenced by crying or smiling without any reason. She visited many physicians and kabiraz (Traditional healer) for these symptoms without any improvement.

• Now, for last 3 months she suffered **frequent** convulsion sometimes associated with fall when in standing position and worsening of behavioural pattern. She gradually stopped speaking completely and wouldn't even ask for food. She stopped taking care of herself and have to be forcefully bathed. She had to left her education for this reason and got admitted in a local hospital in comilla where many investigations were done including MRI without any conclusive diagnosis and they referred the patient to **DMCH** for better management.

- There was no history of fever, headache, loss of consciousness, limb weakness, photophobia ,tingling sensation, numbness, difficulty in swallowing, rash, oral ulcer, joint pain, cough or respiratory distress, vomiting or diarrhoea.
- Her attendants denied any history of head trauma.
- > She doesn't have any history of tuberculosis or contact with any known case of Pulmonary TB.

- ➤ No history of Drug abuse or sexual exposure.
- She is non-smoker and non-alcoholic.
- She is from lower middle class family, lives in a tin shade house, drinks tube well water and maintain good sanitation and hygiene.
- No intra or inter-country travel history

- She is immunized as per EPI Schedule.
- Her past medical and surgical history was unremarkable. She is normotensive, non diabetic.
- She has one brother and one sister, all of them are in good health .
- She had no family history of epilepsy or this type of illness.
- She was a child of non-consanguinous marriage, and had normal birth history and normal motor and mental development, with milestones at the expected age.

General Examination

- Conscious
- □ Ill Looking
- ■Average Body Built
- □Non- cooperative (She was not following commands)
- □Vital Signs:
- Pulse- 82 b/ min (Regular)
- BP 110/70 mmhg
- Respiratory Rate 15 breaths/ min
- Temp- 98.7 F

General Examination

- Anemia Mild
- Cyanosis Absent
- Edema- Absent
- Dehydration- Absent

- Jaundice-Absent
- Spider naevi -Absent
- Clubbing Absent
- Palmer Erythema- Absent

General Examination

- Neck vein : Not engorged
- Thyroid gland : Not Enlarged
- Lymph Nodes : Not palpable

Nervous System Examination

- Disorientation of Time, Place, Person
- Speech- Mute
- Memory- Couldn't be evaluated
- Cranial Nerve Examination Intact (So far evaluated)
- Fundoscopy- Bilateral papilleodema
- Mini mental state examination- Couldn't be evaluated

Nervous System Examination

- Involuntary jerky movement of left side of face.
- Muscle Bulk- No wasting.
- Muscle Tone- Normal
- Muscle Power- Normal
- Deep tendon reflexes of both upper and lower limb was Intact and Normal
- Plantar Bilateral Extensor
- Gait Normal

Nervous System Examination

- Sensory system Intact
- Cerebellar function Normal
- Autonomic Function Normal
- Signs of Meningeal Irritation- Absent

Alimenatry Tract

Tongue ,Lips ,Gum,Teeth- Normal

□PER ABDOMEN:

- Shape was Normal
- No Tenderness
- No Organomegaly

Systemic Examination

 Examination of other system revealed no abnormality

Problem List

Repeated Convulsion

Frequent Fall

Behavioural Abnormality

Bilateral Papilleodema

Plantar Response-Bilateral Extensor Involuntary jerky movement of face

CLINICAL DIAGNOSIS?

Investigation Profile

Routine Investigations

MCHC (g/dl)

ESR

Complete B	Complete Blood count		
Test	25-08-17 (Before Admission)	1-10-17(DMCH) (After admission)	
Hb (g/dl)	11.48	11.70	
RBC (Million/cu mm)	4.8	4.49	
WBC (per cubic mm)	6500 N- 70%, L- 25%, M- 03%, E- 02%, B- 00%	10,000 N- 78%, L- 17%, M- 03%, E- 02%, B- 00%	
Platelet (per cubic mm)	3,00000	3,50,000	
MCV (fl)	78	76	
MCH (pg)	31	33	

Investigations:

□ Renal Function Test :

- Urine R/ E Normal
- S. Electrolytes –Na: 140 mmol /L

k: 3.5 mmol /L

Cl: 105 mmol/L

- S. Creatinine 0.61 mg/dl (Ref : 0.68-1.36 mg/dl)
- S. Urea 17 mg/dl (Ref: 15-40 mg/dl)

□ Liver Function Test:

- S. Bilirubin- 0.4 mg/dl (Ref: 0.18-0.94 mg/dl)
- SGPT 24 U/L (Ref: 10-50 U/L)
- SGOT -40 U/L (Ref: 10-45 U/L)
- PT- 14sec (Ref: 12-16 sec)
- S. Albumin 3. 90 g/dl (Ref: 3.5– 5.20 g/dl)

Investigations

- Serum Calcium- 9 mg/dl (Ref: 8.5-10.5 mg/dl)
- Serum Magnesium 2.0 mg/dl (Ref: 1.82-2.43 mg/dl)

☐ Thyroid Function test

- TSH 0.35 mIU/l (Ref: 0.2-4.5 mU/L)
- Serum T3 -90 ng/dl (Ref: 75-200 ng/dl)
- Serum T4 6 ug/dl (Ref: 4.6-12 ug/dl)

Investigations

ANA - Negative

Investigations

24 Hour Urinary Copper- 25.6 ug/L (N:20-50 ug/24 h)

S. Ceruloplasmin- 250 mg/L (N:200-600 mg/L)

EEG (08-10-16) (Outside DMCH)

• Epileptiform discharge both spike α wave involving both hemisphere

Radiological Investigation (Outside DMCH)

Chest Xray – Normal

 Ultrasonography of Whole Abdomen – Normal Study

CT scan of Brain – Normal

MRI of Brain 25/8/17

- Suggestive of cortical dysplasia involving both cerebral hemesphere as stated.
- Hypertrophied both inferior turbinate.

Experts Suggestions

 What should be the next plan of investigation to reach the final diagnosis?

CSF study (03-10-17)

- Microscopic Examination:
- Total WBC count: 4/cumm
- Total RBC count: 120/cumm
- Neutrophil: 00%
- Lymphocytes: 100%
- AFB not found
- Gram staining: Bacteria Not Found

CSF study (03-10-17)

- Biochemical Study:
- Protein 42.60 mg/dl (Ref: 15-45 mg/dl)
- Glucose 75.60 mg/dl (Ref: 40-85 mg/dl)

CSF for Measles Antibody

Test	Concentration	Opinion
Measles Antibody		
IgG	1167.1 miu/ml	Positive
IgM	<5.0	Negative



Voucher No.

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Patient Name : MS. SHANTONA

Referred By : DR MD MUSTAFIZUR RAHMAN Age : 16 Y Sex : Female

Sample : CSF Lab. No. : 11888300

Tests : CSF Measles ab

Test	Concentration/AI	Opinion	Reference Value
Measles Virus Antibody			
IgG	1167.1	Positive	< 150 mIU/ml Negative > 200 mIU/ml Positive
IgM	<5.0	Negative	< 10 U/ml Negative > 15 U/ml Positive

Final Diagnosis

• Subacute Sclerosing Panencephalitis

