# POSTGRADUATE TRAING

How to improve?

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#### MBBS (PGT)

FCPS (P-I)

FCPS(P-II)

MD (Thesis)

# Training

Training is the process of learning the skills that one needs for a particular job or activity

# Training

The process of bringing a person to an agreed standard of proficiency by practice and instruction

# Training

□To guide or teach to do something by subjecting to various exercises or experiences

### Postgraduate Training (PGT)

Any formal teaching & learning following graduation for a defined period in a recognized institution

### Post graduate training

#### Web definition

Post-graduate education involves learning and studying for degrees, professional or academic certificates, or other qualifications for which a first or Bachelor's degree generally is required, and it is normally considered to be part of higher education. ...

http://en.wikipedia.org/wiki/Post-graduate\_training

### Post-graduate education

The organization and structure of postgraduate education varies in different countries, as well as in different institutions within countries.

### Postgraduate degree

It may be a

- Research degree, e.g. PhD, or
- A course-work masterate with a vocational bias, or
- Any combination of these

# PGT: Objectives

- As a pre-requisite for postgraduate academic degree/award
- For an improvement of professional knowledge and skill
- Professional distinctions for a social& financial benefit

### PGT: Areas

- Preclinical
- Paraclinical
- Clinical
- □ Research
- □Others

### Institutes for PGT

- Bangabandhu Sheikh MujibMedical University (BSMMU)
- Specialized Post Graduate Institutes
- □Public & private Medical Colleges

### Institutes for PGT

Districts Hospital & Upa-zilla
 Hospitals having Postgraduate
 consultants

# PGT: Types

#### **BSMMU**

□ Postgraduate residency program from 2009

### Other Institutions

Full time residential postgraduate training

### **BSMMU**

Expanding its residency program to 14 Medical Colleges & Institutes to accommodate 400 more students from 2014

### **BSMMU**

- 7 students are admitted in each of 44 subjects every year
- □Enrolled >1200 students



# Medical Colleges for Residency Program

- Public Medical Colleges in Dhaka,
   Chittagong Mymensingh, Rangpur,
   Rajshahi and Sylhet
- National Institute of Mental Health
- National Institute of Chest Diseases & Hospital

# Medical Colleges for Residency Program

- National Institute of Ophthalmology
- Dhaka Dental College
- BIRDEM Academy
- Institute of Child & Maternal Health
- Khaja Yunus Ali Medical College

#### How the training is provided?

- Hands on training
- ■Bedside teaching
- Small group discussion
- Lectures
- Case presentation
- Ground round

### How the training is provided?

- □ Symposium, seminar & Journal club
- Services related to patient management
  - History writing, physical examination,planning for investigations, patientmanagement & follow up

# Training posts

- Medical officer
- Assistant registrar
- Registrars
- Resident physicians/surgeons

# Duration of training

BSMMU residency program 5 years: Clinical faculties degrees MD or MS 2-4 years: Basic medical science M. Phil

# Duration of training

#### **BCPS**

- □ Fellowship (FCPS): 2 -4 years
- □ Membership (MCPS): 1 year

#### **Others**

□ 2-3 years

# Duration of training

Any training of <6 month duration (continuous) is not recognized as postgraduate training

#### Postgraduate degrees offered

- Diplomas
- □ Fellowship: FCPS
- Membership: MCPS
- □ Ph.D.
- □ M.Phil.

# Institutes offering postgraduate degrees & Diplomas

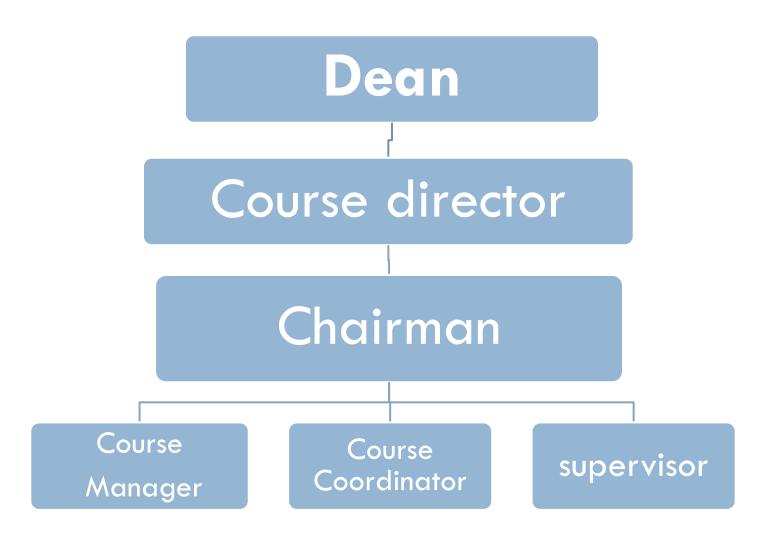
- BSMMU
- Public Universities having Medical Faculty
- Specialized postgraduate institutes
  - BCPS
  - NICVD
  - NIDCH

### Training Supervisor

- □ Professor
- Associate professor
- Assistant professor
- Consultant

### Residency program

**Management Hierarchy** 



#### Activities done: Trainee

- □ Patient management
- Adminstrative activities
  - ■Part of job
- Attending ward round, grand round, symposium seminars, journal club etc.

### Activities done: Trainee

- Perform assignments by the supervisor
- □ Private practice or 3<sup>rd</sup> job

### Activities done: Supervisors

- □ Patient management
- Administrative activities
- □ Academic activities:
  - Undergraduate & post graduate students
  - Attending ward round, grand round, symposium seminars, journal club etc.

### Activities done: Supervisors

- Perform assignments by authorities
- □ Private practice or 3<sup>rd</sup> job

### Pitfall

Although called residency program BSMMU don't have infrastructure for residential facilities and the students are arrange their accommodations

Though all the postgraduate training programs are full time and residential, practically it becomes roster based duties

## Supervisors/trainers

- Supervisors/teachers are teachers not by choice rather by chance
- Don't have any formal training or orientation
- Don't get any incentives or appreciation
- Never been evaluated for the training

# Pitfall: Program

- Don't have any curriculum, manual or module for desired training program
- No evaluation during or at the end of program
- Log books: most don't have, those who have is not followed or authentically evaluated

# Pitfall: Program

Certificate: don't have any value except to attend post graduate course

#### Training Institutions

- Infrastructure, manpower,logistics & facilities
- Number of trainees not proportion to the trainers

#### Neglected areas

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- □ Forensic medicine
- Community medicine

# Neglected areas

- Research training
- Biostatistics
- Behavioral/social science
- Communication & IT skill

## How to Improve?

- Training program
- Training institution
- Trainer
- □Trainee
- Evaluation

- Well designed training program with objective oriented curriculum, training manual, logbook
- Prefixed lesson plan & supervised teaching, learning & training session

- Trainee & trainer dedicated for the program
- Financial support for trainee and trainer

Postgraduate Medical Education and Training Board (PMETB) for quality assessment, quality control, and quality maintenance

Periodic evaluation of the program by independent external monitor

## Training institution

- Infrastructure, facilities, logistic, manpower etc
- Training environment
- ■Number of trainee
- Quality assurance

#### Trainer

- Knowledgeable, skilled, well trained, oriented and motivated
- ■Number should be adequate
- Should own the program
- Committed for training program
- Remuneration

### Trainee

- Committed for training
- Oriented with objectives, curriculum, system of the program
- Financial support to be more attentive for training

### Trainee

- Assessment: Formative, summative
- Training certificate should have independent professional & academic value

### Conclusion

Improvement of the postgraduate training needs improvement of training program, trainer, trainee, training institution and addition of more practical value to training certificate

## Thanks to all

