

**Welcome !!!**

**Overview on a VL (Kala-azar)  
Clinical Trial in Bangladesh**

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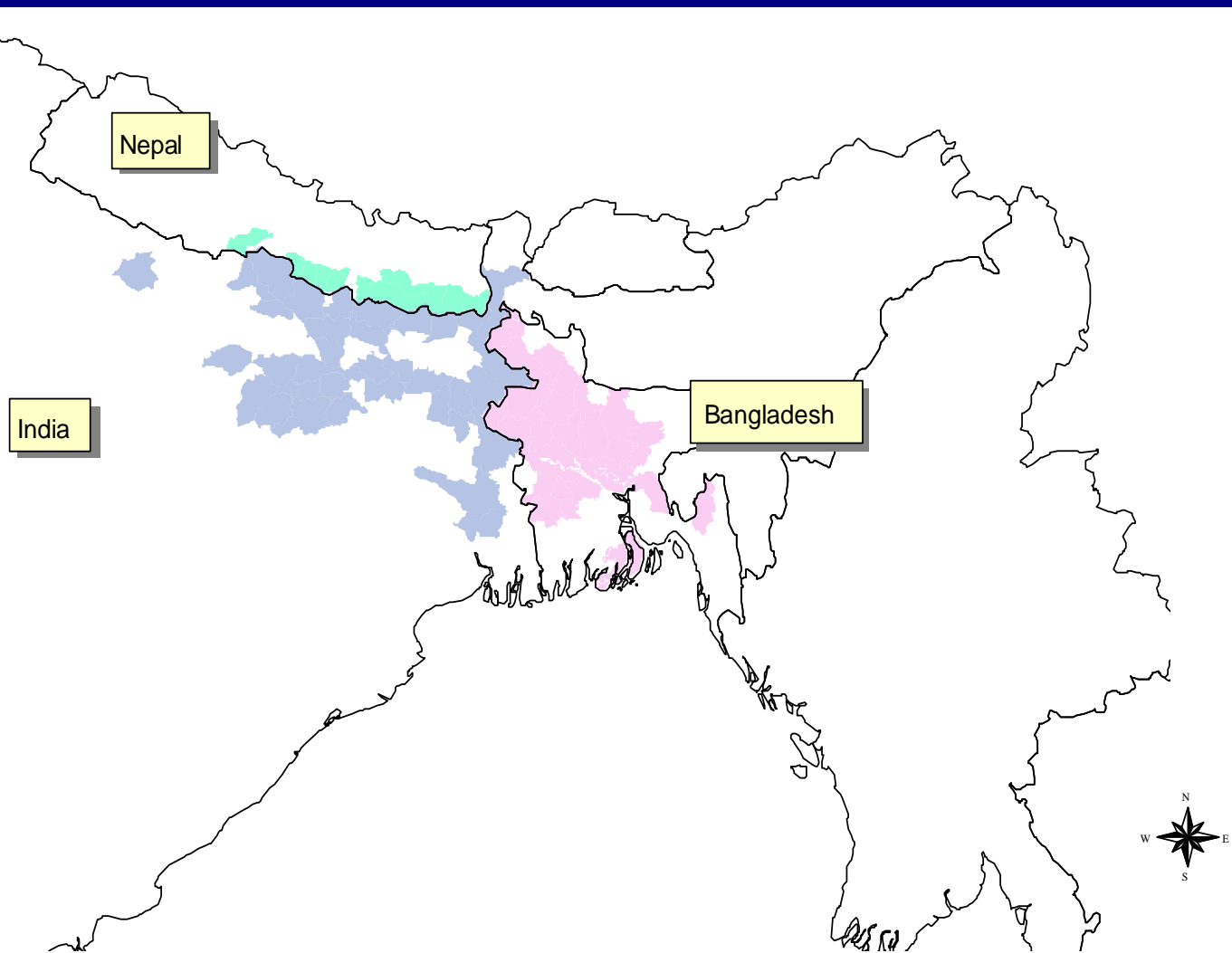
# Background

- **Visceral leishmaniasis, (Kala-azar) is one of the most neglected tropical diseases affecting the poorest populations in the three endemic countries of this region, Bangladesh, India and Nepal.**
- **Approximately 200 million people in 109 districts of these countries are “at risk”;**
- **Bangladesh, India and Nepal have committed themselves to collaborate in efforts to eliminate visceral leishmaniasis (kala-azar) from the South-East Asia Region by 2015; MoU signed in May 2005.**

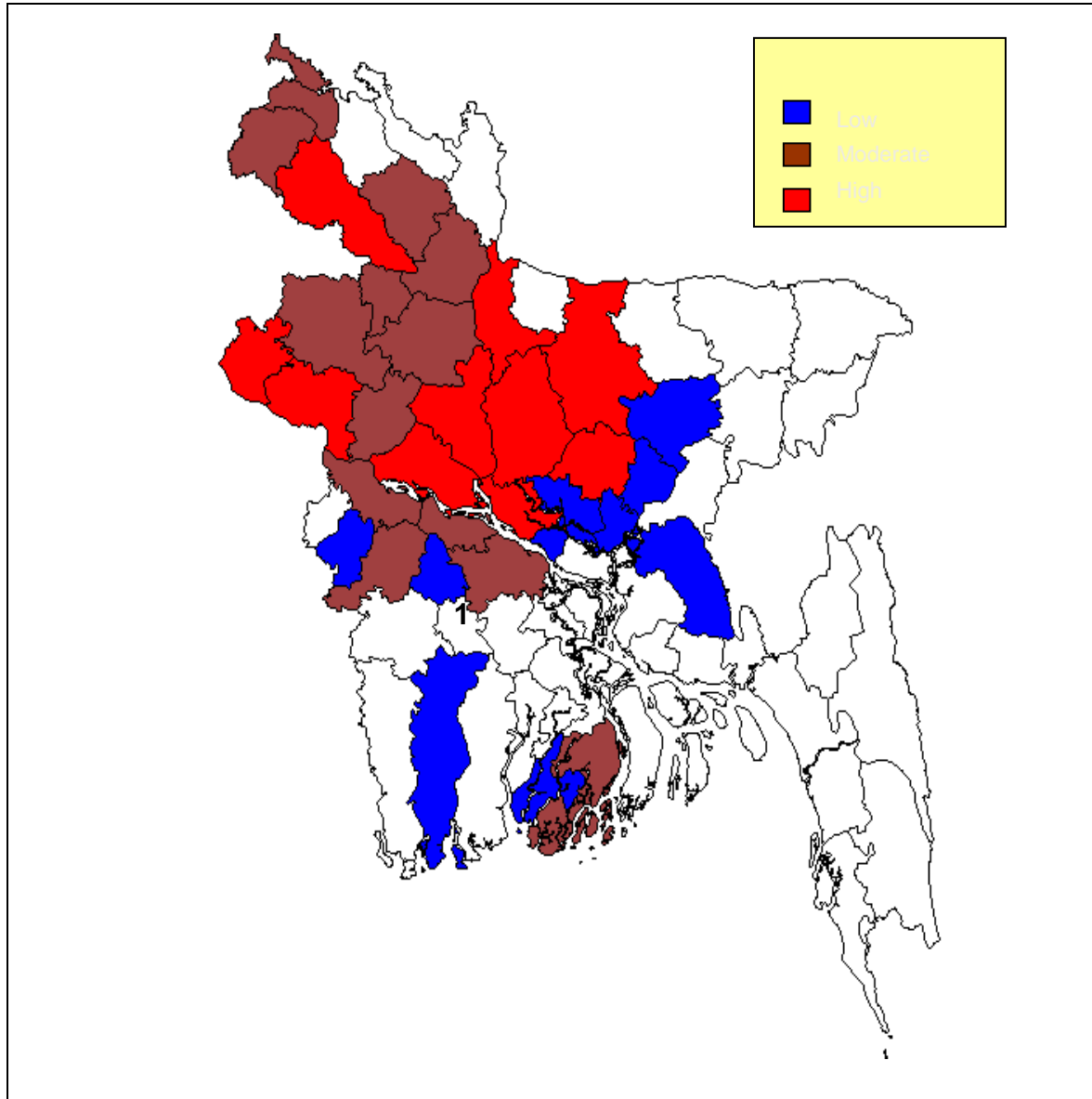
# **KALA-AZAR IN THREE COUNTRIES**

- **Bangladesh**
  - **45 districts**
- **India**
  - **52 Districts**
  - **(State Reporting: Bihar, Jharkhand, West Bengal and Uttar Pradesh)**
- **Nepal**
  - **12 districts of Eastern Nepal Terai**
- **Total 109 affected districts in the 3 endemic countries**

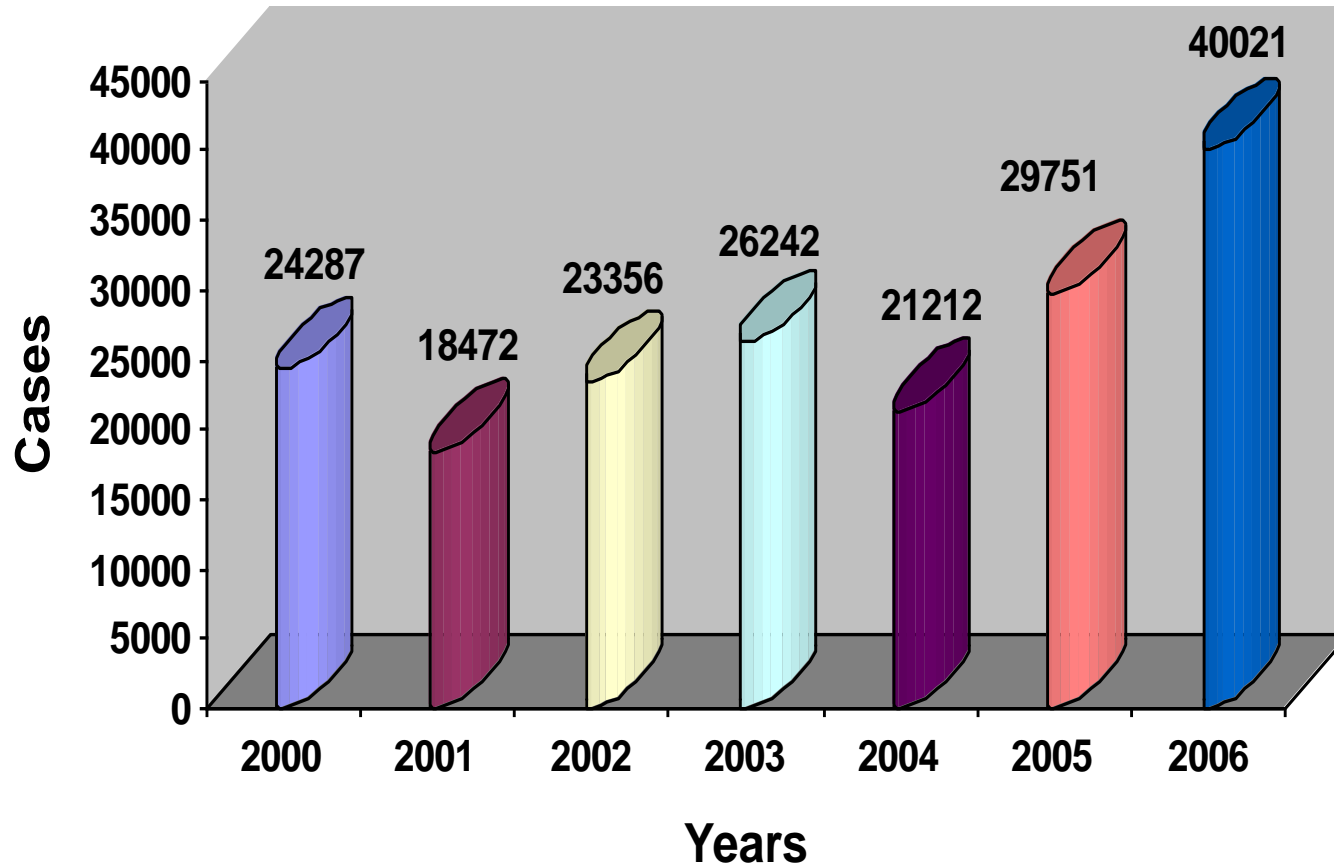
# KALA-AZAR ENDEMIC DISTRICTS



# Kala-azar Endemic Districts in Bangladesh



# Kala-azar in endemic region in South East Asia



# **FACTORS FAVOURING KALA-AZAR ELIMINATION**

- **Effective interventions available to interrupt transmission**
  - **Effective treatment**
  - **Indoor Residual Spray for vector control**
- **Diagnostic tools available for field use 'rK 39'**
- **No animal reservoir**
- **In the past, use of DDT almost eliminated Kala azar**
- **Political commitment expressed by the Health Ministers of 3 affected countries**

# Miltefosine as a therapeutic tool for ELIMINATION programme (by 2015)

- Promising ( Cures Sb refractory patients also)
- Teratogenic,
- Long half life (rapid emergence of resistance)
- Uninterrupted availability?
- Compliance in domiciliary care ? ( DOT)
- In a recent evaluation 20-33% patients discontinued therapy
- Real danger of loosing this drug in next few years
  - Is there a need to revisit the current strategy?



# Multidrug Treatment of VL - Rationale

- Every drug is prone to development of resistance (exception of amphotericin B)
- No new drug in pipeline
- The only way to protect the newly developed drugs is to develop combination chemotherapy
  - Shorten duration; Better compliance
  - Reduce costs; improve cost-effectiveness
  - Less chances of development of drug resistance
  - Reduce drug pressure; protection against resistance → prolong therapeutic life-span of effective use
- Single dose of AmBisome (5 mg/kg) cured 91% patients
- Two weeks of miltefosine cured 89% patients

**Suggest - short course multidrug therapy is a feasibility**

# Study Title

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**A Phase III, Open label, Randomised, Study of Three Short Course Combination Regimens (AmBisome<sup>®</sup>, Miltefosine, Paromomycin) compared with AmBisome<sup>®</sup> alone for the Treatment of Visceral Leishmaniasis (VL) in Bangladesh**

# **Study Objectives - Overall**

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- **To identify a safe and effective combination, short course treatment for VL which could be easily deployed in a control programme**

# Primary Objective

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**To evaluate the safety and efficacy during 6 months follow-up of 3 different combination regimens vs. AmBisome monotherapy in Bangladesh VL patients**

# Secondary Objective

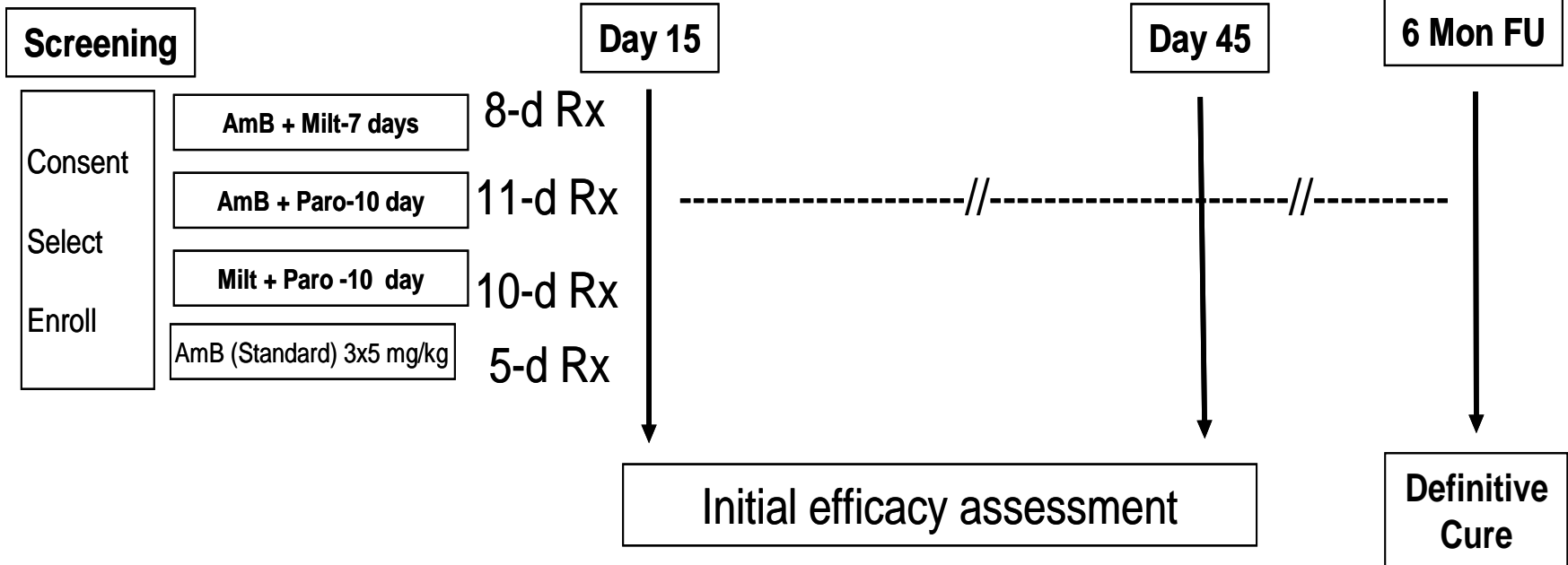
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- **Evaluate initial cure (D45) of combination regimens vs. AmBisome**
- **Assess safety & efficacy in different healthcare settings**
- **To develop a new urine test for diagnosis of VL using urine samples from patients & healthy volunteers**

# Study Design

**Step 1: 120 patients recruited in Hospital Setting - parasitological & clinical assessment of efficacy**

**Step 2: 552 patients recruited in UZHC Setting - including clinical assessment of efficacy**



# Study Design

- **Randomized, Open Label, Parallel Group Study**
- **672 patients to be randomized into 4 treatment arms**
  - **Step 1: 120 patients to be recruited at CBMC,B**
  - **Step 2: 552 Patients to be recruited and treated in UZHCs**

# Treatment Design

## ➤ Reference Arm

- AmBisome on D1, D3, D5

## ➤ Test Arms

### Arm 1

AmBisome on D1

Miltefosine on D2 - D7

### Arm 2

AmBisome on D1

Paromomycin on D2 - D11

### Arm 3

Miltefosine on D1 - D10

Paromomycin D1 - D10



# Primary Endpoint - Definitive Cure

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**No signs/symptoms of VL at Day 45**

- **Lack of fever [axillary temp <99.5°F] & at least one of the following:**
  - **improved Hb, if the patient was anaemic at baseline (Hb <8g/dl)**
  - **spleen regression if the spleen was palpable on admission**
- **Absence of clinical signs and symptoms of VL (fever, weight loss, splenomegaly) at any time during 6 months post treatment period**

# **Primary Endpoint - Definitive Cure (6 Mths)**

- **Absence of parasites in tissue aspirate at Day 15 or +1 parasite at Day 15 with no evidence of parasites in tissue aspirate at 45 days**

**If clinical signs and symptoms of VL are present during 6-month follow up, VL will be confirmed by parasitological assessment**

# Secondary Endpoint - Initial Cure (D45)

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**No signs/symptoms of VL at Day 45**

- **Lack of fever [axillary temp <99.5°F] & at least one of the following:**
  - **improved Hb, if the patient was anaemic at baseline (Hb <8g/dl)**
  - **spleen regression if the spleen was palpable on admission**
- **Absence of parasites in spleen/bone marrow aspirate at D15 or +1 parasite at D15 with no evidence of parasite at D45**

# Safety Endpoint

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**During treatment and during 6 months follow-up :**

- **Clinical adverse events**
- **Laboratory parameters**

# Inclusion Criteria

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- **VL proven by parasitological examination of splenic or bone marrow aspirate**
- **History of fever for at least 2 weeks with one or more of the followings clinical signs/symptoms of VL**
  - **Anaemia ( $5 < \text{Hb} < 10$  g/dl)**
  - **Loss of weight**
  - **Splenomegaly**

# Inclusion Criteria (cont.)

- 22 ➤ **rK39 positive**
- **Willing and able to attend follow-up visits**
- **Male or Female, 5-60 yrs**
- **Written informed consent**
- **Married women of child-bearing potential either using an assured method of contraception or willing to use an assured method of contraception for the duration of treatment and 3 months after (IUCD or DepoProvera<sup>®</sup>)**

# Exclusion Criteria

- 23 ➤ **Platelet count  $<40,000/\text{mm}^3$**
- **Prothrombin time 5 seconds or greater than normal range**
- **Known hepatitis B, C or known HIV positive**
- **Patients who present with PKDL**
- **Signs/symptoms indicative of severe VL (Hb  $< 5\text{gm/dl}$  etc)**

# Exclusion Criteria (cont.)

- 24 ➤ **Positive HRP2/pLDH Combo test for malaria**
- **Pregnant woman or breast-feeding mother**
- **Known alcohol or other drug abuse**
- **Concomitant chronic drug treatment eg. TB, HIV etc.**
- **Known hypersensitivity to AmBisome, Paromomycin and other aminoglycosides and/or Miltefosine**



# Randomization

- **Computer generated randomization codes**
- **Individual, opaque, sealed and sequentially numbered envelopes**
- **One envelope per patient – indicating individual patient allocation to the treatment**
- **Randomization, stratified by centre**
- **Women of child-bearing potential stratified by marital status**

# Randomization

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- **Men, married women and children to be randomized to receive either of 4 treatment arms in the ratio of 1:1:1:1**
- **Unmarried women of child bearing age shall be randomized to receive AmBisome or AmBi+Para in the ratio of 1:1**

# Visit Scheduler

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## ➤ Screening

## ➤ Treatment:

➤ Reference: AmBisome on Day 1, 3, 5

➤ Test arm 1: AmBisome on Day 1 & Miltefosine on Day 2-8

➤ Test arm 2: AmBisome on Day 1 & Paromomycin on Day 2-11

➤ Test Arm 3: Miltefosine & Paromomycin on Day 1-10

## ➤ Follow Up Day 45 ( $\pm 7$ days)

## ➤ Follow Up 6 Months (-14 + 28 days)

# Schedule of Assessments

Assessment	Follow-up (day)					6 months
	-7 - 0	1	7±2	15±2	45±7	Follow-up -14/+28d
	X					
ICF for Pregnancy test /contraception	X					
rk 39 RDT for VL	X					
Malaria HRP2/pLDH Combo Test	X					
Clinical assessment <sup>5</sup>	X	X	X	X	X	X
VL Clinical assessment	X	X <sup>5</sup>	X	X	X	X
Haemoglobin, Blood glucose	X		X	X	X	X
Haematology <sup>1</sup>	X		X	X	X	X
Biochemistry <sup>1</sup>	X		X	X	X	X
Urinalysis Dipstick <sup>1</sup>	X		X	X	X	X
Urine RDT for VL evaluation <sup>1</sup>	X		X	X	X	
Parasitology <sup>1</sup>	X			X	(X <sup>2</sup> )	(X <sup>2</sup> )
PKDL Assessment	X				X	X
Pregnancy test <sup>3</sup>	X					
DepoProvera <sup>3</sup>	X					
Randomisation		X				
Start of treatment		X <sup>4</sup>				
Adverse events (and SAEs)		X	X	X	X	X
Concomitant medication		X	X	X	X	

# Rescue Medication

- Treatment Failures referred to CBMC, B/ S K Hospital (SKKRC) for parasitological confirmation
- Rescue medication as recommended by the National Treatment Guidelines of Bangladesh
  - AmBisome 5mg/kg daily on Day 1, 3 and 5 (15mg/kg total dose), as per WHO recommendations
- If Ambisome contraindicated
  - SSG - 20mg/kg/ day for 30 days
  - Miltefosine - 2.5mg/kg/day for 28 days

# Withdrawal Criteria

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**All patients to be followed up on Day 45 and 6 months, wherever possible**

- **Serious adverse event (drug related or not)**
- **Any condition that significantly impacts the trial**
- **Deviation from protocol**
- **Termination by the sponsor**
- **Withdrawal of consent**

# Study Status

- **EC Approval (BMRC)** **17 May 2010**
- **EC ICDDRB** **28 Mar 2010**
- **Site Initiation** **20 Jun 2010**
- **1<sup>st</sup> Case enrolled (S-1)** **06 Jul 2010**
- **Last case enrolled (S-1)** **08 Mar 2011**
- **DSMB meet** **April 2011**
- **1<sup>st</sup> Case enrolled (S-2)** **May 2011**
- **Site close outs** **Dec 2012**

# SAEs

## Total # 3

- **# 1- Deterioration of Acute Hepatitis**
- **# 2- Haematemesis & Malaena due to PUD**
- **# 3- Severe Pneumonia leading to death**



# Monitoring & Evaluation

- **Sponsor-**  
**Drugs for Neglected Diseases Initiative (DNDi)**
- **Independent Monitoring-**  
**GVK Bio**

# Investigators

## Institutes

- ShSMC
- ICDDRB
- CBMC,B
- MMC
- DMC
- BSMMU
- SSMC
- CMC

## Subjects

- Clinical Medicine
- Pharmacology
- Microbiology
- Paediatrics
- Neurology
- Public Health

**Thank You**